

## 3rd stage : FINNSNES Senja - MÅLSELV Fjellandsby

Samedi 15 août 2015

Distance : 183 km

## ITINERAIRE HORAIRE

Start meeting point : on Strandveien

Signing-in :

Roll-call :

Neutralised start :

Race start : at km from the meeting point

| Kilomètres     |       | ITINERAIRE | Horaire                          |   |         |       |       |
|----------------|-------|------------|----------------------------------|---|---------|-------|-------|
| A parcourir    | Total |            | Moyenne course                   |   |         |       |       |
|                |       |            | 42 km/h                          | 40 km/h   | 38 km/h |       |       |
| <b>NORVEGE</b> |       |            |                                  |   |         |       |       |
|                |       | R86        | FINNSNES Senja                   | Départ fictif   | 12:50   | 12:50 | 12:50 |
| 183,0          | 0,0   |            | FINNSNES Senja                   | Départ réel   | 13:00   | 13:00 | 13:00 |
| 174,5          | 8,5   |            | HØGLI                            |   | 13:12   | 13:13 | 13:13 |
| 169,0          | 14,0  |            | SLETTEMØEN                       |    | 13:20   | 13:21 | 13:22 |
| 167,5          | 15,5  |            | SVANELVMOEN                      |   | 13:22   | 13:23 | 13:24 |
| 149,0          | 34,0  |            | STRAUMSBOTN                      |   | 13:49   | 13:51 | 13:54 |
| 147,0          | 36,0  |            | KOM START (Crossroad R86-R862)   |   | 13:51   | 13:54 | 13:57 |
| 143,0          | 40,0  | R862       | KROKEVVATNET SUMMIT              |   | 13:57   | 14:00 | 14:03 |
| 142,5          | 40,5  |            | SKALAND Tunnelen (1890 meters)   |   | 13:58   | 14:01 | 14:04 |
| 136,5          | 46,5  |            | BERGSBOTN                        |   | 14:06   | 14:10 | 14:13 |
| 130,0          | 53,0  |            | STEINFORD tunnelen (1265 meters) |   | 14:16   | 14:20 | 14:24 |
| 121,0          | 62,0  |            | ERSFJORD (near)                  |   | 14:29   | 14:33 | 14:38 |
| 119,5          | 63,5  |            | GEITSKAR tunnelen (2200 meters)  |   | 14:31   | 14:35 | 14:40 |
| 117,0          | 66,0  |            | SENJA HOPEN                      |   | 14:34   | 14:39 | 14:44 |
| 110,5          | 72,5  |            | MESTEN tunnelen (350 meters)     |   | 14:44   | 14:49 | 14:54 |
| 108,0          | 75,0  |            | SVARTHOLLA tunnelen (310 meters) |   | 14:47   | 14:53 | 14:58 |
| 107,0          | 76,0  |            | BREITIND tunnelen (920 meters)   |   | 14:49   | 14:54 | 15:00 |
| 104,5          | 78,5  |            | MEFJORDBOTN (near)               |   | 14:52   | 14:58 | 15:04 |
| 103,5          | 79,5  |            | MEFJORDBOTNEIDET SUMMIT          |  | 14:54   | 14:59 | 15:06 |
| 97,5           | 85,5  |            | Crossroad R862 - R861            |   | 15:02   | 15:08 | 15:15 |
| 94,5           | 88,5  | R861       | FEEDING ZONE                     |  | 15:06   | 15:13 | 15:20 |
| 90,0           | 93,0  |            | LYSNES                           |   | 15:13   | 15:20 | 15:27 |
| 81,5           | 101,5 |            | GRUNNVÅG                         |  | 15:25   | 15:32 | 15:40 |
| 76,0           | 107,0 |            | GIBOSTAD                         |   | 15:33   | 15:41 | 15:49 |
| 62,0           | 121,0 |            | GRASMYR                          |   | 15:53   | 16:02 | 16:11 |
| 55,5           | 127,5 |            | VIKA                             |   | 16:02   | 16:11 | 16:21 |
| 54,0           | 129,0 |            | SILSAND                          |   | 16:04   | 16:14 | 16:24 |
| 53,0           | 130,0 |            | Crossroad R861-R86               |   | 16:06   | 16:15 | 16:25 |
| 51,5           | 131,5 | R86        | FINNSNES                         |   | 16:08   | 16:17 | 16:28 |
| 46,0           | 137,0 |            | FINNFJORDBOTN                    |   | 16:16   | 16:26 | 16:36 |
| 45,5           | 137,5 |            | Crossroad R86-R855               |   | 16:16   | 16:26 | 16:37 |
| 42,5           | 140,5 | R855       | FINNFJORDEIDET                   |   | 16:21   | 16:31 | 16:42 |
| 36,5           | 146,5 |            | BLOMLI                           |   | 16:29   | 16:40 | 16:51 |
| 26,5           | 156,5 |            | KARLSTAD                         |   | 16:44   | 16:55 | 17:07 |
| 23,0           | 160,0 |            | ROSSVOLL                         |  | 16:49   | 17:00 | 17:13 |
| 14,0           | 169,0 |            | Crossroad R855-R854              |   | 17:01   | 17:14 | 17:27 |
| 13,5           | 169,5 | R854       | MOEN                             |   | 17:02   | 17:14 | 17:28 |

|     |       |                       |  |       |       |       |
|-----|-------|-----------------------|--|-------|-------|-------|
| 0,0 | 183,0 | MÅSELV Alpine Village | Arrivée  | 17:21 | 17:35 | 17:49 |
|-----|-------|-----------------------|--|-------|-------|-------|

Finish line : Målsev alpine village, at the end of a 100 m final straight road and after a climb of 3,7 km at 7.8%

Width : 5 m

Doping test : mobil-home near the finish line

Race HQ / Media room : Alpine village restaurant

Distance from the finish line : 50 m